



Exam Care Package



You can help!

Donate snacks to help ease the stress of our parish's college students during their semester finals! Show them that we care about them.

Simply take a donut box and fill it with snacks (and a note of encouragement) and return it to church or parish office next weekend (choose a date that factors shipping if the student is far away) or even drop it off at the office during the week.

The following are suggestions, but feel free to add your own personal touches.

Candy

Gum

Granola bars

Coffee & tea bags

Cookies

Dried Fruit

Nuts

Pudding

Cheese & crackers

Raisins

Juice boxes

Hot Chocolate bags

Small cans of fruit

Trail Mix

Cup of soup

Chips & pretzels

Microwave popcorn

Rolaids

Thank you for your generosity in making the students feel so much a part of the community at (parish name)! These snack boxes are truly appreciated, perhaps not so much by what they contain, but by what they convey - that someone is thinking about them and cares about them during a stressful and crazy time in their life. Thank you for joining us in ministering with the young adults of our parish.

