

NOTE TO ADULT LEADER: Photocopy this form for each person (youth, adult and junior advisor) who will be attending the Convention. Ask them to fill it out and return it with their permission form, registration form, and fee. Be sure that each participant's breakout choices are marked in the spaces provided on their registration form.

2012 Convention Breakouts

Saturday, February 18, 2012

Name _____ Youth _____ Jr. Advisor _____ Adult _____

Please choose one breakout in each round.

Round A

His Story (11:15 AM – 12:00 PM)

Some days it's hard to keep faith, and it feels like there is little in which we can be certain. Yet each week at Mass, we proclaim, "I believe..." and re-commit ourselves to the rock-solid truths of our faith. Come to find out more about the pillars of the Catholic faith that give us something to believe in.

A1. **Something to Believe In**

In school you've studied human history, but have you ever explored His Human Story? Even though it was over 2,000 years ago, Jesus became human like us and experienced many feelings (grief, betrayal, fear, frustration, excitement, joy, love) and situations (being misunderstood, let down, losing a friend, figuring out his calling) to which we can actually relate. If it helps to know that Jesus has "been there, done that," come to connect with Jesus on a personal, human level.

A2. **His Human Story**

The Bible is the all-time best selling book—but how many of us have actually read it? While it might not be as easy to read as *The Hunger Games*, *Harry Potter* or *Twilight*, it actually is just as dramatic, suspenseful and poignant. The key is learning HOW to read Scripture. Come to learn some basics about how to hear His Story through His Word!

A3. **Reading God's Story Book**

We know Jesus taught us the "Our Father," but is that all we can learn from him about praying? When we struggle to pray, sometimes we can find help by looking to Jesus' example. Come to learn about why, when and how Jesus prayed and find inspiration for your own life.

A4. **His Story of Prayer**

Respecting life, caring for creation, showing preference for those who are poor and suffering, living peacefully in community and solidarity . . . Explore how these themes have been woven into God's story from the beginning of time and how they can be part of our story today.

A5. **Roots of Justice**

Are you looking for inspiration that will transform your life? How effective are you at making a positive impact on the people around you? Discover the power of Jesus' personal and practical example and be challenged to make a difference in the lives of those around you.

A6. **Lead Like Jesus**

Adam and Eve or the Big Bang Theory? Can faith and science co-exist? Take a look at what we really believe as Catholics and find out how to understand scientific theories in light of our faith.

A7. **His Story: Faith or Science**

Join **Bob McCarty**, Executive Director of the National Federation for Catholic Youth Ministry for this important two-part presentation. At the core of effective youth ministry is fostering the positive development of young people, even as they deal with a variety of risk issues and behaviors. This program explores the principles and methods of caring for young people and their families. Practical strategies for developing life skills, crisis intervention, prevention programs, and building youths' assets will be explored. (continued in Round B)

A8. **FOR ADULTS:**
Pastoral Care of the Adolescent:
PART ONE

OVER FOR ROUND B and C CHOICES!

MORE CHOICES for BREAKOUTS! (Round A on reverse side)

Round B

My Story (2:00 – 2:45 PM)

B1. Set the World Ablaze

St. Catherine of Siena guides us: “Be who God meant you to be, and you will set the world ablaze.” Each of us has unique gifts and talents, and is created for a distinct mission in the world...What is yours? Let this session be the spark that helps you ignite your own fire!

B2. Cope Through Hope

What do you do when you’re hurting and you have wounds that ache for healing? Who do you turn to and what does it mean? Our belief in Jesus’ suffering, death and resurrection offers hope that pain doesn’t win. Come to find hope for yourself and your friends.

B3. Lead Us Not Into Temptation

What’s free, easy to find, and easy to access on your laptop, tablet or smartphone? Internet pornography. More and more teens (guys and girls) are facing this temptation and wrestling with questions like, “Is it a big deal?” and “How do I say no?” Come to examine this issue in light of our Christian faith and learn to respond in a healthy way to this temptation.

B4. Got the Message?

Talking, texting, posting, tweeting . . . All valuable ways to share information or jokes, but it takes more than 140 characters to get to the heart of the matter with friends, siblings, parents and others. Discover tried-and-true ways to improve your relationships and connect with people more deeply.

B5. Servers Wanted

Young people CAN make a difference in their communities and in the lives of others. Hear from teens who are engaged in significant service opportunities and find out what you can do to make the world a better place.

B6. Sexuality: A Precious Gift from God

How far is too far? How can the Church expect us to wait until marriage? Why is gay marriage a big deal? Are the Church’s teachings about sexuality restrictive or do they really offer us true freedom? Come to explore our Catholic view of sexuality and how our Church can help us to make happy, healthy and holy choices.

B7. Disciple with an iPod

Music...Maybe you wake up to it, fall asleep with it, or work out to it...It’s in every movie, every store, in nature and in church. Have you examined the music you like for the message it sends? What are choices that fit your style and your faith at the same time? Explore these questions and more as you look at how to live as a disciple through music.

B8. FOR ADULTS: Pastoral Care of the Adolescent: PART TWO

Join **Bob McCarty**, Executive Director of the National Federation for Catholic Youth Ministry for this important two-part presentation. (Description under Round A sessions—continued from Round A.)

Round C

Our Story Mega-Sessions (3:00 – 4:00 PM) **Attend the session for your grade level / gender**

9th & 10th
Grade Girls Made for More

Because we are made in the image and likeness of God, we are made for more than our “hooking up” culture. If we believe that’s true, how does it change us, our beliefs about ourselves, our beauty and our value, and our understanding of true love? Explore who we are as children of God and as young Catholic women who believe that our value is priceless.

9th & 10th
Grade Guys You ‘Da Man

What does it mean to be a real man, especially as a Christian? In a world that often forgets what a real man is, God’s message is clear. He wants to unleash the real man you were called to be...a man of purity, courage, authentic love...a man of greatness!

11th
Graders Taming the Monster of Stress

Regents exams, SATs, exploring colleges, junior prom PLUS all the “normal” parts of high school—homework, extracurriculars, jobs, dating . . . Junior year is particularly challenging! Learn some healthy ways to handle the stress.

12th
Graders Faith after High School

Will you “graduate” from Catholicism when you graduate from high school, or will you continue to seek meaning in your life through your faith? Hear stories and suggestions to help you plan for this upcoming transition in your life.

Junior
Advisors I’m Not a Youth...Not Yet an Adult

Back by popular demand! Join a dialogue with other junior advisors about your faith and your ministry at this time. Who is God calling you to be? What is God calling you to do?

Adults Hard-Wired to Connect: Youth, Relationships & Meaning

Ever wonder if your programs make a difference in the lives of the youth we serve? This workshop with **Maggie McCarty** will develop implications of the recent scientific findings that children are biologically “hardwired” for enduring attachments to other people for moral and spiritual meaning. The research calls to strengthen “authoritative communities” (church and community programs) to ensure the healthy development of youth.